



www.palmbeachnc.org.au, 16 Third Avenue, Palm Beach. 55 981 505

Information & referral, Child & Parent Counselling, Financial Counselling & Life Skills.

What's On Feb-March 2021

PBNC ACTIVITY	DAYS	TIMES	ABOUT	CONTACT
1,2,3 Magic and Emotion Coaching	10 th , 17 th and 24 th March, 2021	9:30am – 1pm	<i>A three session course to help parents identify causes for behaviours and strategies to overcome them.</i>	RSVP 55 981 505. Leave your name with reception.
Successful Co-parenting (free)	Wednesday 31 st March	9:30am-1:30pm	<i>Parenting strategies when in a co-parenting arrangement (for separated parents). *Entry by Gold Coin donation</i>	RSVP 55 981 505. Leave your name with reception.
Neighbours Connect - Multicultural Activities & support (Free)	Tuesdays Thursdays 25th Feb 21st March	10am-12pm 10am – 2pm 10am – 12pm 10.am-2pm	<ul style="list-style-type: none"> English language and Australian culture Workshops on Thursdays “On the Phone” for emergencies, jobs “Job application” “Financial Start in Australia” Harmony Day Presentations and Celebrations and at PB Parklands 	RSVP Gudrun 55 98 1505 <i>Your ideas are most welcome</i>
Financial start in Australia (Free)	Thursday 25th Feb	10am – 12pm	<i>Financial session for the Multicultural</i>	PBNC 55981505
COMMUNITY HUB ACTIVITIES				
Dads in Distress	Tuesdays	6.00pm - 7.00pm	Separated father's support group.	Ben 0427 888 418
Change Futures Psychology	Mon- Fri	By appt.	Psychology services specialising in children and families Requires a MHCP referral for bulk billing	07 3857 0847 Ask for Yazmin at Palm Beach office
Gamblers Anonymous	Mondays	6.00pm-8.00pm	Support group for gamblers & families.	Keith 0412 767 510